



Cranberry Orange Granola Bars

makes 16

1/3 c. melted butter

½ c. brown sugar

½ c. honey or agave

1 tsp. orange extract

¾ lb. quick oats

½ c. dried cranberries

Combine butter, honey and orange extract.

Add oatmeal and cranberries.

Wearing clean plastic gloves, use your hands to combine all ingredients.

Spread mix on 1/2 inch baking sheet.

Bake at 350 degrees for 10 minutes.