



Oatmeal Berry Muffins

1 dozen

½ c. flour

½ c. whole wheat flour

2 ½ c. quick oats

½ c. brown sugar

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3 tbsp. wheat germ

1 tbsp. oat bran

1 ½ tsp. cinnamon

1 ½ tsp. baking soda

½ tsp salt

1 c. buttermilk

½ c. oil

1 egg

1/3 c. boiling water

1 c. berries (blueberries, raisins, raspberries or cherries)

Combine the first 10 ingredients; add buttermilk, oil and egg.

Pour in water and set aside 5 minutes.

Stir in berries.

Bake in lined muffin tin at 350 degrees for about 20 minutes.