



Pizza Pasta

Serves 6

1 lb. lean ground beef

3 oz. turkey pepperoni

2 c. mozzarella cheese

½ c. parmesan

8 oz. whole grain or vegetable pasta cooked and drained

28 oz. can tomatoes

28 oz. can tomato sauce

6 oz. tomato paste

2T olive oil

1 tsp. each garlic powder, onion powder, basil, Italian blend

¼ tsp red pepper flakes

Simmer tomatoes, sauce and tomato paste with olive oil and spices. Add salt and pepper to taste.

Boil pasta and set aside.

Sautee ground beef

(can add onions, peppers, other veggies if desired to beef while browning)

In large mixing bowl, combine pasta, sauce, meat mixture and spread in baking pan. Top with mozzarella, pepperoni and parmesan.

Bake at 350 degrees about 45 minutes or until bubbling hot.